

# NALU SPA



*Aloha to your  
health and renewed vitality.*

Transport yourself into a world of tranquility while the warmth of the sun, mist from the waves, and the sound of the ocean awaken your senses. In Nalu Spa, we embody the peace and serenity that the earth and sea provide. Our unique oceanside location places you at the feet of the North Shore swells which inspired our name, Nalu, meaning “wave” in Hawaiian.

Our carefully curated experiences draw inspiration from nature, utilizing organic, local nutrient-rich ingredients which celebrate the healing elements in Hawai‘i. Embark on a journey of health and healing that will travel with you for a lifetime.

## Signature Nalu Experiences

Inspired by Hawaiian botanicals and the spirit of the North Shore, our signature experiences aim to provide restorative balance using unique treatments and natural, locally sourced ingredients.

### *Kekoa*

*Unwind Your Inner Warrior*

120min

A perfect pairing for athletes to enhance performance or for anyone seeking deep relaxation. Our Koa package combines a 30-minute full body stretching treatment followed by a potent 30-minute CBD Infused scrub and 60-minute massage, designed to relax the nervous system and help relieve aches, pains, sore muscles and inflammation. Rediscover your body's natural flexibility and leave our spa feeling revitalized.

### *Maluhia*

*Embrace Your Inner Peace*

170min

Drift into a state of serenity and luxury while our skilled therapists guide you on your journey of feeling pampered from head to toe. This experience includes a 60-minute Ho'onanea (Relaxing) Massage, 60-minute Uplifting Facial, and finishing with our Signature Nalu Pedicure, leaving you feeling calm and relaxed.

### *'Oli'oli*

*Restore Your Inner Joy*

150min

This restorative experience begins with a 90-minute warm salt stone massage designed to improve circulation, relieve stress and anxiety, and promote restful sleep. Conclude your experience with our rejuvenating facial using organic, Hawaiian actives designed to reduce inflammation and replenish glowing skin.

### *Ma'ema'e*

*Cleanse and Find Your Center*

120min

A luxurious service designed to promote both physical and mental well-being. Our Detox Treatment utilizes locally sourced 'Ōma'oma'o (green) body polish: a unique blend of three natural exfoliants, botanical extracts, raw butters, and rare luxurious oils. Finish and find your center with our Grounding Massage providing relaxation and a new sense of balance and harmony with body and mind.

## *Oceanside Hale*

Experience the full beauty of the North Shore with our oceanside hale offering the closest, unobstructed view of the ocean. Immerse in a full sensorial experience as the rhythmic sounds of the waves relax your mind and our expert therapists destress the body.

Connect with our Spa Concierge for details to reserve services and unique couples packages in our oceanside retreat.



## Facial Therapies

### *Uplifting Power Facial* 60min | 90min

This age defying facial promotes healing, detoxification, reduced puffiness, and improved circulation. Indulge with our A-Firming Facial Massage to firm, lift and reduce the appearance of fine lines and wrinkles. Brighten and sculpt your face with the Patented Vitamin C Mask and our exclusive cryo-sculpting technique. You will leave this one-of-a-kind facial feeling renewed, radiant, and uplifted in mind, body and spirit.

### *HydroLuxe Oxygen Facial* 60 min

The HydroLuxe Oxygen Facial features our signature 2-step Oxygenation Process to stimulate collagen synthesis, increase antioxidant defense, and repair signs of visible damage. This advanced treatment is fully customizable with targeted options to address specific skin concerns for Brightening, Acne/Congested, and Dry/Dehydrated skin. Suitable for every skin type and occasion, it delivers an immediate boost of radiance or can be used in a series for total skin transformation.

### *Wailani Hydration Infusion* 60 min

Wailani “heavenly water” facial is a deeply hydrating, restorative treatment designed to quench dry, sun-exposed, or travel-weary skin. Drawing inspiration from O’ahu’s lush valleys, ocean mist, and native plant healing traditions, this facial uses hydration and calm, evoking the serene flow of a Hawaiian waterfall. Triple-weight hyaluronic acid and our patented peptide technology work together to bring skin back to balance while plumping, improving moisture retention, and increasing radiance.

### *Makai Brightening Glow* 60 min

This advanced treatment features a potent infusion of Vitamin C, gentle yet effective exfoliating enzymes, and barrier-strengthening actives to visibly reduce the appearance of pigmentation while enhancing clarity and tone. Each step is thoughtfully curated to brighten dullness, smooth texture, and support long-term skin health. The experience is completed with deeply replenishing hydration, leaving the skin beautifully balanced, resilient, and glowing with a soft, sun-kissed luminosity.

### *Hawaiian Renewal Facial* 60 min

Immerse the skin in a restorative ritual inspired by the natural serenity of the islands. The Hawaiian Renewal Facial is a deeply hydrating, universally soothing treatment designed to replenish moisture, calm sensitivity, and restore the skin’s natural balance.

### *Teen Facial* 30min | 60min

Put your best face forward during these formative years. This high-performance refining facial quickly addresses skin texture and tone concerns without compromising the natural moisture barrier. We designed an educational facial for our spa guests ages 13 to 15 to learn how to care for and protect your skin for a healthy future.

### *Deluxe HydraFacial* 30 min | 60min | 90min

This customizable, non-invasive skin resurfacing treatment will show you instant results addressing fine lines, wrinkles, acne, hyperpigmentation, and congested pores. This treatment will deeply cleanse, exfoliate, and extract while hydrating your skin. The 90-minute facial includes lymphatic drainage in the face and neck which helps to encourage detoxification and circulation, along with LED light therapy which encourages the growth of collagen in the skin. Specialized treatment boosters are available to provide enhanced, targeted solutions.

## *Facial Enhancements*

### *Renewing Neck and Décolleté Treatment*

This firming, lifting, and smoothing neck and décolleté treatment combines brightening and smoothing exfoliation along with intensive hydration and cryosculpting. Repair and protect this often overlooked area of the body.

### *Eye & Lip Treatment*

Indulge in a refined, results-driven enhancement designed to restore luminosity and youthful vitality to the most delicate contours of the face. Visibly smooth expression lines, diminish signs of fatigue and deeply replenish hydration. A sculpting eye treatment targets puffiness and dark circles, while a luxurious lip infusion envelops and conditions, leaving lips softly plumped and exquisitely nourished. The result is a revitalized, radiant finish — where eyes appear brighter, and lips feel irresistibly supple.

### *Dermaflash*

Safely and gently exfoliate dead skin cells and remove every trace of peach fuzz and dull build-up. See instant glow and younger-looking skin over time. Skincare penetrates better, makeup glides on like silk.

### *Wild Lime Scalp Treatment*

Enjoy energizing hints of lime, tangerine, ginger, and avocado oil, providing therapeutic tension reduction while nourishing your scalp and delighting your senses.

### *Deluxe Complexion Mask*

A two-step mask that visibly brightens and evens out skin tone while providing essential elements to keep the skin richly hydrated. A cooling seaweed extract base, enhanced by radiance-boosting ingredients, makes this treatment the perfect plumping and firming mask for all skin types.

### *Knesko Collagen Face Mask*

Indulge in a luxurious collagen-infused treatment that deeply hydrates, firms, and revitalizes the skin. Powered by gemstone energy and advanced hydrogel technology, this mask delivers a radiant glow while smoothing fine lines and restoring balance. The perfect add-on for enhanced relaxation and instantly luminous skin.

## *Body Therapies*

### *Healing Sun Recovery* 60 min

After embracing the Hawaiian sun, give your skin replenishment with our soothing body wrap designed to heal and hydrate after overexposure to the sun. A powerful, locally crafted blend of aloe, noni fruit, 'ulu, and deeply hydrating kukui and macadamia coconut oils are used to provide intense hydration and speed recovery with their anti-inflammatory properties. Chilled ti leaves are used to speed recovery and provide a much-needed relief to the skin.

### *Glowing Body Treatment* 45 min

Ease stress and tension, promote positive thinking and uplift your spirit with a sweet, rich aromatic blend of Hawaiian sandalwood, rose, hibiscus, and jasmine. This calming formula will leave you feeling balanced and revitalized mind, body and soul.

### *Detox Body Treatment* 45 min

Detoxify and deeply cleanse the skin with a potent blend of Hawaiian spirulina, green mineral clay, papaya leaf, passion flower, and Japanese matcha. This treatment helps remove impurities and toxins from the surface of the skin to allow it to breathe, while delivering vital nutrients and antioxidants for healthy, radiant skin.

### *CBD Salt Scrub + Massage* 90min

Scrub away stress with the benefits of Dead Sea Salt plus a relaxing Swedish-Style Massage. Enjoy the bioavailability benefits of the highest quality CBD for optimal absorption through the skin. These active botanicals bring antioxidants along with anti-inflammatory and restorative properties to your skin and body, incorporating a soothing massage for the ultimate CBD wellness experience.



## Massage Therapies

### *Lomilomi Massage* 60min | 90min

Experience this traditional Polynesian healing practice originating in Hawai'i. This unique and spiritually rooted massage therapy aims to promote physical relaxation, emotional release, and spiritual harmony. Your therapist will begin the session by setting a specific intention for the massage. This intention will help guide and focus on healing, relaxation, and spiritual alignment.

### *Nalu Custom Massage* 60min | 90min

Embrace your own Mālie (tranquility) and revive tired muscles with this traditional massage using customized pressure to leave a feeling of revitalization and relaxation. Indulge in an experience customized to your unique needs.

### *Grounding Massage* 60min | 90min

Ground into a deep sense of connection with your mind and body. Applying our Maui blend Nahele grounding oil to the body's main pressure points on the head, feet, and hands to relieve day to day tension, our practitioners will bring you to a place of heightened wellbeing evoking the warmth of body connectivity.

### *Pa'ākai (Salt) Stone Massage* 60min | 90min

This highly relaxing and remineralizing body massage, using warm, hand-carved salt stones from the Himalayan Mountains, balances the central nervous system and nourishes depleted cells, leaving the body in a deep sense of relaxation. Stimulation of specific meridians on the body allow for improved sleep and reduced inflammation and give an immediate sense of improved well being.

### *Hāpai (Prenatal) Massage* 60min | 90min

Our full-body pregnancy massage is tailored to the second and third trimesters, designed to alleviate stress and discomforts. An opulent blend of botanical oils and herb extracts provides pregnant and nursing moms with vital, rich nutrients for special skin needs. Soothe and deeply nourish delicate skin, with a light scent of uplifting Neroli, Yuzu and green Mandarin. Therapists are specially trained to comfortably position guests ensuring optimal comfort and absolute safety for you and your baby.

### *Remedy Treatment Massage* 30min

This focused and effective massage will be customized by the therapist to relieve tension in a specific area of your choice. This massage is limited to upper or lower body.

### *Treat Your Soles Massage* 30min

This focused foot massage helps to stimulate circulation and invigorate over-worked feet. Your therapist will ease tension in your feet and calves, aiding you into relaxation... because your soles need some therapy too.

### *Revitalizing Head Massage* 30min

This energizing head therapy is designed to stimulate the senses while nourishing your hair and scalp. Aromatic oils are warmed and applied to the scalp, neck, and shoulders to stimulate circulation and relieve muscle tension. Specific pressure points and massage techniques are used to help alleviate jet lag and headaches, allowing for more clear thinking and mindfulness.

## Massage Enhancements

*Ginger Oil*

*CBD Pain Cream*

*Wild Lime Scalp Treatment*

*After Sun Care*

*Warm Salt Stones*

*Mighty Mint Relief Cream*

*Arnica Gel*

*Deep Muscle Rub*

## Salon Services

### Hair Services

#### Women's Cut & Style

#### Men's Cut & Style

#### Nalu Style

A personalized style to compliment any special occasion. Please ensure hair is washed and clean prior to arrival.

#### Night Out Blow Out

End your day and start your night with the perfect customized style and finish, making you feel ready for any event.

#### Beach Blow Out

Feel island ready with our specialty wash and blow finish, giving you that perfect beach wave.

#### Energizing Hair Treatment 25min

Target thinning and fragile hair with an energizing scalp treatment that will give a feeling of vigor and well-being to the scalp to help prevent hair loss. Hair will look shiny and full-bodied, finish with towel dry (blow out can be added à la carte).

#### Renew Hair Treatment 25min

Nourish dry, damaged, and brittle hair with our restructuring hair and scalp treatment to strengthen the hair, leaving it soft, shiny, and full-bodied. Finish with towel dry (blow out can be added à la carte).

### Salon Enhancements

#### Polypeptide Collagen Eye Mask | Face Mask

### Nail Services

#### Nalu Signature Manicure 50min | Pedicure 50min

Treat your hands or feet with our luxurious treatment that includes our Hawaiian sugar and salt scrub infused with sandalwood, wild orange, and pikake. Conclude with a moisture-locking rich balm and lotion. Select from a wide range of natural Dazzle Dry polishes.

#### Luxury CBD Manicure 50min | Pedicure 50min

CBD manicure and pedicures possess therapeutic benefits that stimulate blood flow, increase relaxation, and reduce stress and anxiety. A CBD Dead Sea Salt scrub and lotion nourishes, hydrates, and relaxes the nervous system while helping to provide relief to sore, achy muscles.

#### Pohaku (Warm Stone) Pedicure 60min

Soothe overworked, tired legs and feet while you relax with this ultimate warm stone pedicure. Experience includes our locally-made organic exfoliation, and a nourishing balm that is massaged using our smooth warm stones to eliminate tension and leave you in a state of bliss.

### Children's Services

#### Keiki Cut & Style For children ages 5-10

#### Keiki Manicure 30min | Pedicure 30min

Treat your little ones to a pampering experience. For children ages 5-10.

#### Mermaid Princess Style 45min

Transform your little one into a beautiful mermaid with our makeover. Choose from a quick blowout or braid, with light makeup and mermaid features to complete the look.

## *Bridal and Special Event Services*

### *Bridal Consultation* 20min

We want your special day to be perfect, and we understand if you're running short on time closer to the wedding day. In lieu of a trial hair and makeup, we ask all brides to have a 20-minute consultation with their stylist. Whether it's a simple style, glamorous style, or adding beautiful accessories, our stylists will still need a moment to speak with you.

### *Trial Hair*

Have some peace of mind and make sure your hair is done right. Meet with your stylist prior to your big day to try the hairstyle that will make you look perfect on your wedding day.

### *Trial Makeup*

Make sure you look flawless and let our makeup artist customize a look that will work well with our island weather. Humidity and heat play a big part when it comes to your makeup, so we recommend planning ahead with a trial makeup.

### *Bridal Style*

Take a deep breath and let our stylist create your perfect style.

### *Bridal Makeup*

It's time to look gorgeous. Let our makeup artist create your flawless look.

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### *Event/Photo Makeup*

Our makeup artists will create a stunning look that will enhance all your features using our Organic Mineral Makeup lines. Your skin will look luminous with healthier products to promote a fresh face finish.



## *Spa Conduct*

Mobile phones, while a necessary part of modern living, are not permitted in any of our treatment rooms, locker rooms and relaxation lounges. Please be considerate of other guests and switch them to quiet or airplane mode. Please refrain from drinking any alcoholic beverage 3 hours or less before your treatment. The therapist reserves the right to terminate the treatment if they feel the guest's behavior is undesirable.

## *Reservations*

We highly recommend reserving your treatment in advance to secure your preferred day and time. This can be done in person, over the telephone at (808) 447.6868, via email at rc.hnlkz.spa@ritzcarlton.com or on our website. Any change to a scheduled treatment booking time requires a minimum of 24 hours advance notice. Please arrive at least 30 minutes before your scheduled appointment time to check in and enjoy the facilities. A valid credit card or registered room number and telephone number are required to reserve all treatments and packages.

## *Late Arrivals*

Please give yourself enough time to make it to your service. Late arrivals will be subject to reduced treatment times and/or cancellation.

## *Check-in Policy*

We want to be sure you give yourself enough time to check in and relax prior to treatment. We request you arrive 30 minutes prior to appointment time. If you are experiencing any flu like symptoms, please contact a spa concierge to reschedule your spa or salon appointment.

## *Service Charge*

An automatic 22% service charge plus Hawai'i State Tax will be added for each spa service. Gratuity for exemplary service is at your discretion.

## *Cancellations*

24-hour notice must be provided to cancel or amend any reserved treatment. If less than 24 hours, the full treatment fee will be levied. In case of no-show, full treatment fee will be levied. All packages and products are non-refundable.

## *Minor Policy*

All guests under the age of 18 must have an adult complete the Health Release Form. Massage and Body Treatments are available for adults 18 years and older. Adult Facial Treatments are available for guests 16 years and older. Minors are requested to keep their undergarments on during services and are not allowed in the locker room.

An aerial photograph of a beach with gentle waves washing onto the shore. The water is clear and light-colored, creating intricate patterns of foam and sand as it recedes. The overall tone is soft and natural.

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Nalu Spa at The Ritz-Carlton O'ahu, Turtle Bay · 57-091 Kamehameha Highway, Kahuku Hawai'i 96731 · 808.447.6868 · [RitzCarlton.com/TurtleBay](https://www.ritzcarlton.com/TurtleBay)